



PENALTY NOTIFICATION FORM

1. This form is to be completed following the issue of a Red Card, the reporting of a Matchday Misconduct Offence (MMO) or in conclusion to a Disrepute Offence.
2. This form is notification of the penalty imposed on the Offender by the relevant Disciplinary Body.
3. The Offender must serve the first 16 days suspension, beginning on the day of the offence, that is automatically imposed following the issue of a Red Card or the commission of a MMO.
4. Where the penalty imposed is more than 16 days suspension, the Offender may Appeal. An Appeal Notice (with the appropriate deposit) must be received by the relevant Appeal Body not later than 7 days after this form is received.

1. Full name of Offender

2. Name of Offender's club or affiliated body

3. Date of Offence

4. Category of offence. Also indicate if this is a Red Card, Matchday Misconduct Offence or Disrepute Offence.

5. Previous Red Cards or MMOs in last 12 months (if any) with dates and penalty imposed

6. Minimum Mandatory Penalty imposed (including first 16 days)

7. Total Penalty, ie Number of Days

8. Dates of total penalty imposed (including any breaks in suspension)

9. Succinct reasons for decision

10. Appeal Body with name and address of person to which any Appeal Notice must be sent by the Offender

11. Appropriate Deposit (including to whom cheques are payable)

12. Date by which any Appeal Notice must be received by the Appeal Body

13. Name

14. Signed

15. Issuing Body

16. Date

Copies of this form and the relevant Red Card/ MMO /Disrepute Offence Form should also be sent to the relevant County & Regional Disciplinary Administrators, the National Disciplinary Officer and (if anyone under 18 is involved in the incident) the Welfare Manager at England Hockey.